Volume 23 Issue 4 Winter 2023

## FORUM

Famee Furlane Toronto www.fameefurlane.com

Friuli Benevolent Corporation www.fameefurlane.com

Villa Leonardo Gambin Charity www.villagambin.com





#### ATTENTION ACTIVE MEMBERS OF THE FAMEE FURLANE TORONTO

Join us for a

#### **TOWN HALL MEETING**

in person to openly provide your input into the

#### "FUTURE OF THE FAMEE FURLANE TORONTO"

- How do you see our club moving forward?
- What can we do to attract more new members?
- ➤ How can we keep our members actively participating in events?

Two dates to choose from:

## THURSDAY, FEBRUARY 15, or THURSDAY, MARCH 21, 2024 CANADA ROOM - 7:00 pm

This is your opportunity to get involved and let us know your thoughts on the future of our club so that we can carry it forward for future generations.

Everyone's opinion counts.

See you then,

Mara Mian, Chairperson of the "Future of the Famèe"

THIS IS AN IN-PERSON GATHERING - ZOOM PARTICIPATION IS NOT AVAILABLE.



#### Famèe Furlane Toronto 2023 - 2024 BOARD OF DIRECTORS

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#### **Famèe Furlane Toronto**

7065 Islington Ave
Woodbridge, ON, L4L 1V9
T: 905.851.1166
www.fameefurlane.com
reception@fameefurlane.com

## OUR PRESIDENT'S MESSAGE



Dear Members:

Another year comes to a close. After covid and the tremendous upheaval of the last few years, let's take a moment to celebrate member events that are enjoying a resurgence. 2023 offered the opportunity to once again experience the traditional and much-loved family picnic as well as the Festa del "3" birthday celebration. While spontaneity brought us "la Befana", activities including Festa Della Patria and the memorial mass followed with chestnuts and wine paid homage to our much-loved roots.

In addition to the rise in FFT hosted activities, it's most heartwarming and encouraging to see that despite challenges our family of groups are thriving! Eta D'Oro's weekly gatherings continue to be enjoyed on our "scaled down" facilities. The bocciofila folks, while unable to play within the boundaries of the Famee Furlane, have re-organized and continue with their much-loved activity. The 20 Somethings continue to celebrate their Furlan ancestry with their own unique activities and the Balarins have returned! The Women's Auxiliary continue to introduce new workshops and ideas at their gatherings, all the while honoring their Furlan culture and providing ongoing support to the Famee Furlane Toronto. The Dolomite Ski Group is off to Mt. Tremblant once again! Weekly card playing, much to the pleasure of many, is cautiously enjoying a revival. Evidence appears to be strong that we are back in the business of "doing for our membership".

Plans for 2024 are well underway. The goal of your board is to give membership the opportunity to voice concerns and share visions. Your involvement is valuable and pertinent to the new and vibrant plans for our future. We encourage attendance and participation at our monthly meetings. There is much in store in 2024 and we invite everyone to share in the journey!

In the meantime, on behalf of your Board, we wish to extend best wishes for a Happy and Peaceful Christmas and a Healthy and Prosperous New Year.

Joseph A. Zamparo President



#### TRE-ESTA FESTA - FESTA DEL 3

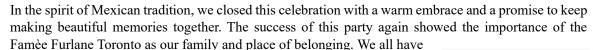




Grazie a tutti! Thank you to all our family and friends who joined the Famèe Furlane Toronto in celebrating, "La Festa del 3 - Tre-Esta Festa" on November 4th at the Royalton Banquet Hall. Your presence and good wishes enriched this occasion for all our birthday celebrants. A special thanks to all those who helped organize and prepare for this party. A special mention to Elemanna Sacilotto who prepared our banners, Renza Ricetta who made the corsages, Renzo Bon for putting together our picture show and all our volunteers. Your hard work and dedication helped make this a memorable event.

Let's not forget our donors, the Dolomite Ski group, the Famèe Furlane Toronto, and the Ladies Auxiliary for their kind donations. Our gratitude also

goes to the fantastic Royalton Banquet Hall, the Los Gallos Mariachi entertainers, and our DJ for our entertainment. Everyone's efforts have not gone unnoticed, and we appreciate all that was contributed to make "La Festa del 3 - Tre-Esta Festa," exceptional!



"Friulano" inside!

Augurons a la Classe del 3!

Sonia Pittis























Scan me

Using your smartphone or tablet scan the QR code above to view video of the festa.



#### **CLASSE 46**

Due to Covid, the Classe 46 group did not have the opportunity to gather and celebrate for three years. We finally were able to get together this fall, enjoy a wonderful meal and share in the friendship that has long been enduring. It was a wonderful time, lots to catch up on and a much overdue reunion!

Oretta Avoledo



#### Famèe Furlane Toronto

#### **MEMBERSHIP**

A Hearty Welcome to Famèe Furlane Toronto New Members for 2023:

Rosemary Cristofoli Carol Scaini Anna Perusini

John Bertacco Gary Louis Moro Ilena Vuaran

Paolo Anton Giampuzzi Serena Borghese Silvano Zamparo

Karen Teresa Manarin Morena Nalli



For those that may not know me, my name is Mara Mian and I'm the Director of Membership for the Famèe Furlane Toronto. I'm thrilled at the number of new members and/or returning members to the FFT family. I hope to get to meet you in person sometime in the new year where we can get to know each other and talk about your thoughts and ideas as a new member. We are always looking for new ideas, volunteers for our regular events as well as new events that are in the planning stages for 2024. It's important that everyone knows that while the building might be sold; we are working hard to keep the "furlan spirit" alive with ongoing events and meetings. Please feel free to contact me via email at medunomara@gmail.com if you have any suggestions or ideas. I look forward to meeting you all very soon.

In the meantime, all the best over the holidays, Mandi, Mara

### FAMÈE FURLANE BOCCIOFILA

Once again, we are at the end of another year and the FFT Bocciofila Group has wrapped up their final 2023 tournament. Congratulations to all the participants and particularly the 1st, 2nd, and 3rd place winning teams!

Our group consists of male and female members, young and old, experienced and those new at the game. While bocce is a very competitive game, it's also a great night out to meet with friends and a chance to escape the aches and pains of everyday. Plenty of conversation is had while playing, especially when the boys get serious, and the measuring stick come out. Special occasions and end of tournaments are celebrated with a variety of food and drinks. A particular special thanks goes out to the ladies who provide baked treats!

The Bocciofila Group plays on Monday nights at the Ciociaro Club in Woodbridge, and we look forward to seeing everyone back when play resumes in the spring of 2024.





Left to Right: 1st Virgilio, Lida & Mario 2<sup>nd</sup> Sergio, Rosa & Diego 3rd Daniele, Galiano & Anna

New membership is encouraged! Come on out, join in the fun and feel the joy of competition! For further information about our group, contact Mario Piasentin at 416-994-4350.

The Famèe Furlane Bocciofila Group extends warmest and heartfelt wishes to all for a very Merry Christmas and a prosperous New Year.

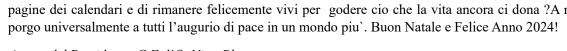
The Bocciofila Group Committee & Members

#### GRUPPO ETÀ D'ORO

Riflessioni di fine Anno e Feste Natalizie.

Che strana sensazione si prova quando ci si trova nell'avanzata età

. Il tempo per noi anziani sembra accellerare l'arrivo degli eventi come il Santo Natale e Capodanno, feste che da giovani sembravano così distanti da una annata all'altra. Forse sarà il nostro gran desiderio di frenare il sfogliare delle pagine dei calendari e di rimanere felicemente vivi per godere cio che la vita ancora ci dona ?A nome del Gruppo Età d'Oro,





## **FFT WOMEN'S AUXILARY**Making Time for Good Times!



The women of the FFTWA have been busy bees this fall. In keeping with our health and safety program, we began the new season with an informative talk on Dementia, presented by Jamie Cruz from York Region Alzheimer's Society. In addition to Jamie's excellent presentation, many personal and touching experiences were shared.

A tour of the Ontario Legislature in October offered quite an impressive history lesson for us all. The tour included entertaining brief in character historical skits throughout and at its end a delicious "High Tea" was enjoyed by all. Jolly good!

Friulan Mosaic Artistry at Ontario Legislative Buildinas





Enjoying High Tea in Style



Delectable High Tea Offerings

With the Italian Line Dancing gig postponed for the new year, our November meeting became a spooky and thought-provoking evening of storytelling, experience sharing and information on *strege* and *stregoni*. A bit weird but so interesting!

Elections for several positions in the executive were also held in November. Two terms came to an end, that of Chairperson Patricia Pivetta and Treasurer, Fiorella Rossi.

As a result, Ivana Pontisso was elected Chairperson and Anna Filipuzzi is now Treasurer. The role of Communications Director became vacant due to Ivana's resignation to run for Chairperson, and Ughetta De Piero was acclaimed as the new Communications Director. Congratulations, Welcome and Good Luck ladies! A heartfelt thank you goes out to Patricia and Fiorella for their many years of dedication and hard work for their leadership and administration of our group.

To nurture our Friulan culture and heritage, members have shared the history and unique aspects of their hometowns. We have learned much about Valvazone, Zoppola, Maniago and Meduno. More to come from the ladies. Great Job!

Stay tuned, there is lots more coming next season. Better still, come out, become a member and participate in the fun.

On behalf of our committee and entire membership we wish you all a very Merry Christmas and a Happy and Healthy start to the New Year!



Ughetta DePiero

# MAKING IT HAPPEN TOGETHER YOUR AD HERE CALL 905-851-1166 FOR FURTHER INFORMATION FAMÈE FURLANE TORONTO

#### **Famèe Furlane Toronto**



For a summer vacation, many in Friuli choose to go to il mar o le montagne. Depending on where they live in the region, either choice is a two or three-hour drive away.

In winter, it's the mountains, the Carnic Alps – Alps Cjargnelis – that provide excellent snow sport choices, entertainment, sheer beauty, and of course, sweet mountain air.

The Carnic Alps extend for some 100 km between the Tagliamento in the west and the Gail River in the east, forming the border between Austria and Italy. Although not as high as the tallest of the Alps – Mont Blanc rises 15,780 ft. – Coglians in the Carnic Alps is a respectable 9,127 ft.

Scattered over this area are some 25 resorts of varying size, offering advanced, intermediate and beginner skiing, snowboarding, cross-country and mountaineering, leisurely walking trails, and stunning scenery. Lessons are available at some resorts for adults and children. For a day or a few days, snow adventurers can choose from among large or small resorts and inns or hotels.

A sampling of the ski areas: Piancavallo, located 32 km northeast of Pordenone, offers 14 km of ski runs for skiers of all experience. To get up to the starting line are six ski tows and five moving carpet lifts. For those preferring to stay on the ground, there are 15 km of cross-country runs, a snow fun area and ice arena.



Tarvisio, 100 km north-east of Udine, offers 24 km of Alpine ski runs with 10 ski tows and three moving carpet lifts, plus 55 km of cross-country ski runs. There's also a ski school and snow fun area.

Sauris is located 100 km north of Pordenone. Its ski area offers Alpine and cross-country skiing, and a Zipline adventure.

Forni di Sopra, just over 100 km northwest of Pordenone, offers 13 km of Alpine ski runs and 14 km for cross-country skiers. After skiing, there's more fun at the Fantasy Snow Park and Forni di Sopra Ice arena.

## CJANTON FURLAN Up and Down in Friuli

There's even more adventure in the areas of Sella Nevea, Ravascletto-Zoncolan, and further south, the day and night skiing of Tolmezzo.

For further information, visit www.turismofvg.it./en/mountain365/ski-area

Also look at the websites for each individual area for more details about the facilities.

<u>I Dolomiti:</u> The Dolomites Mountain range, nestled in Friuli's northwest corner, offers some 30 snow parks over its 18 mountain peaks, including five that are part of the imposing Marmolada. (On a clear day, the Marmolada can be seen from Venice.) Skiers may also want to check out the Dolomiti Superski carousel, offering more than 1,200 km of slopes with 450 lift facilities, making it the world's largest network of lifts and ski slopes. It combines 12 ski resorts, including the well-known winter sports destinations of Cortina d'Ampezzo, Alta Badia, and Plan de Corones. www.dolomitisuperski.com

The Dolomites are recognized as a Unesco World Heritage Site. According to its website: "The Dolomites are widely

regarded as being among the most attractive mountain landscapes in the world. Their intrinsic beauty derives from a of spectacular variety vertical forms such as pinnacles, spires and towers, with contrasting horizontal surfaces



including ledges, crags and plateaux, all of which rise abruptly above extensive talus deposits and more gentle foothills."

Some members of the Famèe's Dolomite Ski Club have skied in Friuli over the years, visiting Malga Ciapella, Val Gardena, Cervinia and other sites. Formed in 1973 the club today has some 60 members. Each year it organizes a ski vacation to Quebec's Mont Tremblant. The next scheduled trip is Feb. 7 – 11, 2024.

While the views in the mountains are breathtaking all over the world, Mara Mian, president of the Dolomite Ski Club says that you know you're in Friuli when you're met with a shot of grappa at 8 AM and can look forward to a bowl of yummy pasta at lunch. For more information about the Dolomite Ski Club and its February trip, contact Mara at modunomara@gmail.com.

Happy Skiing – wherever you go.

Doreen Vanini

#### A Passion for Mosaics - The Art and Craft of Mario Della Rossa

Mario Della Rossa, a longtime member of the Famèe Furlane of Toronto, is one of Canada's preeminent mosaicists. Born in 1942 in San Martino al Tagliamento, he was accepted into the worldfamous Scuola Mosaicisti del Friuli in Spilimbergo at the tender age of 13. He graduated in 1959 and became fully dedicated to mastering this craft. He was also a semi-professional soccer player in the B Division and played goalie for the team in Arezzo. However, he decided to pursue his mosaic craft and emigrated to Toronto at the age of 22 to join his sister and family in 1964.

After working at Conn-Arts Studio for seven years producing wonderful mosaics in churches and buildings mostly in the Toronto area, the studio closed its door and no longer produced mosaics. Mario then seized the opportunity to form a partnership with Luigi Nasato, a well-known and respected mosaicist and designer from Istrana, Treviso. Together they worked with precision and patience creating beautiful works for many churches in the Toronto area like Ascension of Our Lord, Our Lady of Perpetual Help, Our Lady of the Airways in Malton, St. Andrew's in Etobicoke. A true "capolavoro" created in the 1970's are the mosaics in St. John Bosco Church in Toronto commissioned by pastor Fr. Nazzareno Coccia which include an altar frontispiece of the 12 Apostles, the 4 Evangelists and more throughout the church. It is one of the projects of which Mario is most proud. They worked together for 30 years.





Mario says he was very happy to do the work he did for the churches. And not only for the money. It was because it was meaningful, beautiful work. The pastors and people appreciated his skilled art and craft very much. He is very grateful that he and his wife Grace were able live, work and raise three children by working every day doing something he loved.

Mario says he isn't making mosaic these days that he just might do some again someday. His neat orderly studio with its shelves full of baskets of stones and coloured tesserae are there waiting for him.

By Lauretta Santarossa

## New Book Release My Italian Canadian Family and How Its Ancestry was Traced



Professor Emerita Olga (Zorzi) Pugliese, member of the Famèe Furlane Toronto, daughter of founding members of the association, and co-author of the history of its founding, has now published a genealogical study, titled *My Italian Canadian Family and How Its Ancestry was Traced*. Available from soleil@soleilpublishing.com, the book consists of 259 pages, including 154 pages of text, 18 family charts, and 265 photographs. It profiles her immediate family members and highlights some modern figures—both men and women--in the field of politics, business, and dressmaking over four continents. In her research Olga has applied palaeographical methods in the examination of records found in the archives of parishes in Friuli and has also utilized family correspondence housed mainly in the archive of the International Institute for Social History in Amsterdam. As she traces the history and origin of her grandparents' families in Friuli (the Zorzi, Pramparo, Cressatti, and Spagnolo) back to the sixteenth and seventeenth centuries, the findings coincide with her typically complex Italian DNA, which consists of five different ethnic components.

#### **Famèe Furlane Toronto**



| VIVIAN ZAMPARO  | LA VOCE DI<br>NESTRI<br>ZOVINS                           | STEPHEN ZAMPARO  |
|---|--|--|
| Reading, swimming, watching Jeopardy and cheering on the Maple Leafs  | HOBBIES & INTEREST                                       | Playing volleyball and soccer, watching hockey and hanging out with my friends                   |
| York University - 3rd year  | UNIVERSITY/COLLEGE/<br>HIGH SCHOOL                       | St. Marcellinus Secondary School   |
| French Studies and Concurrent Education   | EDUCATION  | Grade 11   |
| I hope to become a French Teacher   | CAREER GOALS   | High School Physical Education Teacher   |
| Nonno is from San Vito al Tagliamento<br>Nonna is from Sesto al Reghena   | PATERNAL ROOTS   | Nonno is from San Vito al Tagliamento<br>Nonna is from Sesto al Reghena                          |
| Nonno is from San Vito al Tagliamento<br>Nonna is from Muzzana del Turgnano, Udine  | MATERNAL ROOTS   | Nonno is from San Vito al Tagliamento<br>Nonna is from Muzzana del Turgnano, Udine               |
| Hearing the language being spoken around my<br>Nonni's homes  | WHAT IS LIKED BEST<br>ABOUT YOUR FURLAN<br>ROOTS         | Eating all the delicious traditional foods   |
| Fâ ce che tu volês  | FAVOURITE FURLAN<br>SAYING                               | So tu strac?   |
| Through their story telling, my Nonni taught me to appreciate everything I have. Thanks to them, I also learned how to speak Italian. | ONE THING OR VALUE LEARNED FROM NONNI                    | My Nonni taught me that family always comes first  |
| Listening to Nonno play the accordion   | FAVOURITE CHILDHOOD<br>MEMORY                            | Building a treehouse in my Nonno's backyard and eating vanilla ice cream in it during the summer |
| Dancing with the Balarins at Babbo Natale,<br>Family Nights and Lion's Club Parade  | FURLAN CULTURE OR<br>TRADITION THAT<br>CONTINUES AT HOME | Enjoying homemade polenta served with spezzatino   |

#### **20-SOMETHINGS**

As we enter the advent season, we reflect on the joy of being surrounded by friends and family. Our 20-Somethings group since 2011 has been just this- a family. In over 12 years of friendship, our group has evolved and been part of many milestones for one another from graduations, engagements, and weddings to the birth of little ones of the next generation. In thinking about this legacy, I felt it only fitting to interview one of our long-standing members. I asked Thomas Arthur his perspective on how our group has positively impacted him:

**Thomas**: The 20-Somethings has allowed me to feel a greater connection to our shared heritage, continuing our culture through the next generation. It has allowed for that sense of tradition and heritage to continue, and I feel it is important to keep this going.

Vanessa: What else do you feel you would like to add about our group's impact?

<u>Thomas</u>: The group has brought us over 10 years of solid friendships and a coming together of individuals of a shared heritage. Everyone is amazing and these rich friendships have blossomed for a long period of time. The youth group is one way the Famee can continue. Without this group, it is difficult to grow this sense of community our ancestors have built. If we don't pass these values on to the next generation, it seems that all their hard work was only for them instead of developing a lasting legacy. Coming together, as we do in this group, shows respect toward the previous generations and what they built. As long as we continue to make an effort, we will maintain this legacy.

Thomas' sentiments are felt by many who attend our social events. Our most recent events included a "Friendsgiving" dinner celebrating the "Fall birthdays" of our members at Chop Steakhouse in November. As always, getting together was full of laughs and good company. On December 2<sup>nd</sup>, our group celebrated its annual "Very Merry Furlan Christmas" at The Keg. The warmth

of this friendship was also infectious for newer members in attendance. We always welcome new faces to join our free membership. Stay tuned in our next Forum's edition for another in-depth look into our group from the perspective of our membership. For more information on upcoming events or how to participate, kindly email Vanessa directly at 20somethings.famee@gmail.com

Bon Nadâl e Bon An,

Vanessa Lovisa-Gambin, 20-Somethings President





#### THE BALARINS

As the 2023 year comes to a close, we are very thankful for the hard work and talents of our Balarins. What a lovely 90th Anniversary Celebration we had together showcasing three generations of Balarins with our performance. We have some exciting things planned for you all next year! Wishing you and your families a very Mery Christmas and a Happy New Year.

We are always welcoming new children and adults to join The Balarins. Classes are 1 night per week and there is no charge to join. It is a fun-filled time to connect with other individuals with similar heritage. If someone is interested in joining, please email: <a href="mailto:balarinsfameefurlane@gmail.com">balarinsfameefurlane@gmail.com</a>

Mary Lovisa

#### **Famèe Furlane Toronto**



#### ATOR LA TAULA GNOCCHI FATTI A MANO

While this submission is not a "traditional family recipe", it is a town specialty that has people from all over Friuli enjoying year after year. As many know, sagras in Friuli revolve around a local ingredient or dish, and the Sagra in Fauglis is no exception. The town has earned a reputation for its exquisite "gnocchi fatti a mano." I can vividly recall as a teenager the countless hours spent peeling potatoes side by side with my aunt, and other volunteers, in anticipation of the three-day July event that draws countless people.

Driving through the town recently and passing the "Campo Sportivo" home to the annual sagra, I couldn't help but be flooded with memories of laughter, shared moments, and the unforgettable

sensation of biting into the famous pillow-like, melt-in-your-mouth gnocchi. To my pleasant surprise, my aunt welcomed us with "un plat di gnocs" from that famous recipe, allowing for much reminiscing while enjoying! This year alone, the dedicated group prepared approximately 350 kilos of potatoes, 120 kilos of flour, and 400 eggs for their famous gnocchi! It speaks volumes of the love and enthusiasm poured into this cherished tradition, and its enduring popularity.

While perhaps not "ator la sagra taule", I am happy to share this much-loved recipe for you to enjoy with your family.

Flavia Muraca

#### **INGREDIENTS:**

500 g boiled potatoes 125 g. 00 flour (flour for pasta) 1 egg 2 tablespoons grated cheese a pinch of salt 25 g of butter



#### METHOD:

- 1. In a large pot boil peeled potatoes until tender, remove from the pot and let cool.
- 2. Pass potatoes through a Potato Ricer.
- 3. On a flat surface mix together the flour and salt. Make a well in the middle and add the potatoes, egg, grated cheese, salt and softened butter. Mix together with your fingers to form a soft dough, it should not stick to your fingers.
- 4. On a lightly floured surface, cut small amounts of dough to form ropes and cut into 3/4-inch (2 cm) pieces.
- Sprinkle with a little bit of flour and toss, so they don't stick together.
- 6. Let the gnocchi rest for 20 minutes before cooking.
- 7. In a large pot of salted boiling water cook the gnocchi. Gnocchi are ready when they float to the top.
- 8. Top with your favourite sauce and enjoy!

Buon Appetito!





GIANNI CESCHIA TERESA SZLACHTA

For all your catering needs.
If you have an idea, we can make it happen!

91 Friuli Court Woodbridge, Ontario L4L 7H2 Tel: (905) 265-COOK (2665) Fax: (905) 265-1350 info@culinary2000.com



#### FRIÛL INFATS

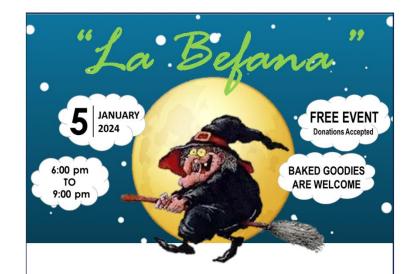
#### **Questions**

- 1. What Christmas devil terrorizes the children of Tarvisio, Malborghetto Valbruna and Pontebba at fire festivals in early December?
- 2. Where does the festival of *Der Orsh Van Der Belin* take place in early January, inspired by the legend of an old hag who forced townspeople to kiss her behind to leave their town?
- 3. Where does the 3-day country music themed festival, a *Country Christmas*, take place in early December?
- 4. Subsequent to becoming the 1<sup>st</sup> King of Italy after the fall of the Western Roman Empire, where was Odoacer the Goth defeated by Theodoric the Great in 489 A.D.?
- 5. What are 5 red grape varieties native to Friuli-Venezia Giulia?
- 6. What small mammal native to Udine province and western Slovenia has nocturnal habits, lives underground in humid and hot lowlands, feeding on insects and earthworms?
- 7. Where is the *Barcolana*, the Guinness World Record holder of "the largest sailing race" with 2,689 boats and over 16,000 sailors on the starting line?
- 8. What city is known as Italy's "Salzburg"?
- 9. Where does the 14<sup>th</sup> century historical reenactment festival, *Palio di San Donato* take place?
- 10. Who wrote the songs, "Il cielo in una stanza", "Che cosa c'è", "Senza fine", "Quattro amici al bar" and "Sapore di sale"?

Jason Moretto

Answers on page 16





## FAMEE FURLANE TORONTO CANADA ROOM

7065 Islington Avenue, Woodbridge

Lighting of the fire at 6:30pm Refreshments to follow Activity and special treat for children

## With Special Guest LA BEFANA

## SPACE IS LIMITED RESERVATIONS ARE A MUST!

Call: 905-851-1166 or email reception@fameefurlane.com no later than December 29

Presented by
FAMEE FURLANE TORONTO,
FFT WOMEN'S AUXILARY &
GRUPPO ALPINI AUTONOMO VAUGHAN







#### LIFE'S PASSAGES



## 70 YEARS OF MARRIAGE

Congratulations to Lifetime Member Renato Gottardo and his wife Giovanna on their 70<sup>th</sup> Wedding Anniversary.

Extending loving wishes as together they celebrate the joys of today... reminisce in the memories of yesterday ... and share in the hopes for tomorrow.



#### **HAPPY BIRTHDAY!**



#### Lida Medina

Best wishes for our Mom and Nonna on her 70th Birthday!

Congratulations and cheers to many more.

Lots of love, your family xo



#### Mario Piasentin

Cheers to 80!
Wishing our
Nonno Mario
all the best
on this special
milestone
birthday!!



#### ERMIDA BLASUTTA

September 20, 2023
Lifetime Member
Wife to Lifetime Member Bruno
Blasutta
and Sister-in-law to Member Nino
Blasutta
Sister of Lifetime Member Bruno
Cosolo
and Aunt to Member Lucy Cosolo

#### **LUCY PESTRIN**

October 18, 2023 Wife to Lifetime Member Mario Pestrin

#### **IN MEMORIAM**

#### FERNANDA DELLA MORA

November 6, 2023 Sister to Member Enzo Monte

#### SILVANA CILIO

November 9, 2023 Lifetime Member Wife of Lifetime Member Gino Cilio Sister of Member Carlo Pecile Sister-in-law to Member Angelo Cilio



#### **LUIGIA BERTATO**

November 10, 2023 Member

#### **ARTELIO "SERGIO" NONIS**

November 17, 2023 Brother to Members Bruno and Pio Nonis

#### MARIA ZAMPARO

December 7, 2023

Mother to Member Silvano Zamparo
and
Aunt to President Joe Zamparo

## REMEMBERING AND CELEBRATING TOGETHER... A TRADITION CONTINUES AND GROWS

On November 28, our members gathered at Mass at St. Roch's Church to remember those in our Famee and our own families and friends who had passed away in the previous year. This year we were very happy to have Don Vitaliano Papais originally from San Vito al Tagliamento as our celebrant. It is not often we can have one of our own Furlan priests with us. For the second year in a row, we were again joined by the Alpini Choir from the Alpini Vaughan. Their singing and the beautiful rendition of Pie Jesu made the whole experience even more



spiritually meaningful. After mass, our members along with the Alpini headed back to the Famee Furlane for castagnis e un tai di vin. This year we skipped the members meeting and got right to the celebration with a great batch of castagnis. Many thanks to Oretta Avoledo for all the work in coordinating the Mass details every year and to readers Steven Sedran and Edda Picco and special thanks to our faithful volunteers Lida Vuaran, Vickie Guerra, Edda Picco, and Carlo Pecile who prepared the 50lbs of castagnis, and Gianni Ceschia who cooked them. Folks said they were the best in years! We drank, ate, and counted our blessings. Let's hope this new mutual gathering becomes a tradition.



#### **IPAD CLASS FOR SENIORS**

Thank you to Danilo (Alpini Vaughan) and Loretta Cal for their continued support in offering our seniors the opportunity to learn how to use the Ipad.











NEXT CLASS STARTS
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FAMEE FURLANE TORONTO - CANADA ROOM

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#### "Fogolârs 2024" in Windsor, Ontario August 8 to August 11, 2024



Windsor and Essex County is located right at the southernmost tip of Canada. This region is home to a booming agricultural centre, a historic automotive district, an evolving manufacturing sector and a multitude of picturesque natural landmarks. Since 1961, it has also been home to the Fogolâr Furlan Club of Windsor. Right in the heart of the city, the Fogolâr boasts a beautiful banquet hall and restaurant facility nestled within forested grounds.



Over the years, the Fogolâr has become a staple venue in the city. It is known for a variety of things, from delicious food to community outreach. Maintaining and teaching about the Friulian culture has always been a big part of the Fogolâr.

Throughout the weekend of "Fogolârs 2024" we are inviting all of you and your families to come and see what makes the Fogolâr Furlan Club of Windsor so special. We will be showcasing our facilities, and even more importantly, introducing a number of our members and friends who will be sharing their expertise and knowledge with you.

We will be offering tours and workshops curated especially for our delegates. These will involve historic district walking tours, local history lectures, art workshops, culinary classes, and even specially designed youth programs in our Fogolâr Field House. Within all of these, you will see Friulian heritage and cultural significance shining through.

We have a lot of pride in our club, and we are excited to share that with all of you. This will be the third time Windsor has been given the opportunity to host the "Fogolârs" congresso. This will be a unique event as we will be celebrating the 50th anniversary of the Fogolârs Federation of Canada.

We are all looking forward to the opportunity to get together again and network with Friulians from across Canada and internationally. We have a congresso committee in place in Windsor that is ready to welcome you and show you all the things we love about our community, our club and our membership.

Registration packages will be available shortly and will be sent to all the Fogolârs Federation of Canada member clubs and associations. Please mark these dates in your calendars. We cannot wait to see you in Windsor!

## FRIUL INTATS ANSWERS

- 1. Krampus
- 2. Sauris, UD
- 3. Pordenone, PD
- 4. Battle of Isonzo (near Aquileia)
- 5. Refosco dal Peduncolo Rosso, Schioppettino, Tazzelenghe, Terrano and Pignolo
- 6. Udine shrew
- 7. Trieste, TS
- 8. Gorizia, GO
- 9. Cividale del Friuli, UD
- 10. Gino Paoli (born in Monfalcone, GO, 1934)

#### Friuli Terrace



#### **BOARD OF DIRECTORS**

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#### Address:

60 Friuli Court Woodbridge ON L4L 8G8 **905-856-4922** 



A milestone was celebrated on Oct 21 by one of the tenants of Friuli Terrace. Angela Silveri celebrated her 100<sup>th</sup> birthday. The celebration was also a milestone for Friuli Terrace as this is the first Centenarian to have celebrated while still living at Friuli Terrace. That this milestone was celebrated by one of the original residents of Friuli Terrace, and a very active resident at that, makes it even more special. Angela made Friuli Terrace her home in 1989 with her husband Vittorio. Sadly, Vittorio passed away in 1997. They had been married for 50 years. Both Angela and Vittorio were from Ofena in the province of Aquila in Italy where they met and were married. The couple immigrated in 1951 to North Bay, Ontario. Angela's daughters describe memories of a happy and secure childhood.

On the day of her celebration, Angela wore a beautiful red lace dress made by the birthday girl herself. The Activities Room was transformed with white curtains and twinkle lights. Flowers adorned a room filled with Angela's family and friends, including residents, past and present, staff of APM and CHATS as well as the Board of Friuli Terrace. A DJ played music accompanied by a singer. On special request by Angela, the DJ played Vecchio Scarpone in memory of Angela's husband who was an Alpino. Past Property Manager and current resident Sylvia was the master of ceremonies. She shared stories of Angela's first days as a resident of Friuli Terrace 34 years ago, the many contributions that she made throughout the years and how she remains an active member of the community today. One of her nephews, speaking with admiration of his aunt, said "she is an inspiration to all". Another nephew said a few words before leading the group in Grace. One of her daughters and three of her granddaughters lovingly spoke about their mother and Nonna and passed on some of Angela's words of wisdom. Staff members of Chats and past members of APM also spoke some words of appreciation of having the pleasure of getting to know Angela over the years. The food was prepared by one of her daughter's son-in-law and was abundant and delicious. As Angela says, "You have to feed the people". Although there was a lovely, sweet table with homemade treats, the main dessert was not one but three birthday cakes in the shape of the numbers

to make up 100! Although it wasn't possible for all the residents of the Terrace to participate in the lunch, Angela was kind enough to invite them all for cake and coffee.

In the initial years of Friuli Terrace, a government grant had allowed the Terrace to purchase sewing machines. A seamstress by trade, Angela suggested that they make items like tablecloths and aprons to sell at the Bazaar to raise money. With this the Club D'Amicizia was born. To this day she is still sewing and crocheting. For the most recent Bazaar she made bags with Christmas motifs which could be used as gift bags. Her smiling face can be seen at all events at Friuli Terrace and at any of them with meals she leads the Grace. Angela is devout and runs the Rosary sessions twice a week for the residents. During COVID, the residents

were not allowed to physically gather so Angela conducted the rosary on Zoom. She is known as Our Lady of the Rosary. At the memorial mass, it is Angela's job to say the first reading.

When asked what her secret was, she said: "No secret. No magia. I try my best." Whatever her secret is, it is working because her mind is a sharp as the day, she moved in. We hope that Angela's positive presence remains with us at Friuli Terrace for many more years to come. She truly is an inspiration to all those who have had the pleasure to meet her.



#### **Fall BBQ**

On October 11, the Board of Friuli Terrace held a Fall BBQ for its much deserving residents. The staff of APM management took care of the logistics and organizing this very successful event. On the menu were hamburgers, sausages, italian salad and potato salad. Dessert was a cake decorated in Fall colours. In true Friuli Terrace fashion, some of our residents pitched in to help the Board, APM and CHATS to set up for the event. One of













the residents of Friuli Terrace volunteered to man the BBQ with assistance from sous chef - our very Superintendent Paola. Of course, the meal could not begin without Angela starting us of with the Grace.

Throughout the meal, one of the residents Mr. Silvini sang and played music. After the meal, to help them digest, some of the residents danced along including to the Macarena. Those who weren't dancing enjoyed the music and enjoyed each other's company.

Also in attendance was York Region EMS who have been providing services to the residence of Friuli Terrace.



Bazaar







On November 18, the Club D'Amicizia held their Christmas Bazaar. There was a variety of articles for sale with previously loved items at the white elephant table. There was a great variety of handmade items such as knitted hats, crochet baby items, pillows, Christmas gift bags, aprons and tablecloths. Hot ticket items were at the baked goods table, with the most popular being the crostoli, lovingly made by a few of the residents. You had to get there early because most shoppers left with more than one box of these delectable treats.

While shopping, you could help yourself to coffee and cookies which were made by one of the residents.





#### Memorial Mass

The Memorial Mass has returned to Friuli Terrace for the first time since the pandemic. Our centenarian resumed her place by giving the first reading. The mass was well attended.

#### Other Activities and Programs at Friuli Terrace

York Region Paramedic Services – Community Paramedic Unit. CP@Clinic is an evidence and cost-effective based assessment and awareness program in partnership with McMaster University. Community Paramedics held regular clinics on Fridays for the residents at Friuli Terrace. The clinic was focused on evidence based chronic disease prevention, management, and health promotion. They provided blood pressure assessments, blood sugar assessments and various other health assessments during the clinic hours.

The goals of the CP@Clinic program is to:

- Improve older adult's health and quality of like and support needs to "safely age in place" and prolong residents transition into a Long-Term Care facility.
- Reduce social isolation.
- Better connect this population with primary care and community care resources
- Provide a safe and inclusive environment with a focus on cultural diversity.

The clinic ran for six months ending in November. Residents could drop in voluntarily for a one-on-one assessment by the Community Paramedics. The paramedics are hopeful that a new program will be introduced in January, however, this has not yet been confirmed.

**Sing Along** - The Sing Along program was started in September with Antonella and will run every two weeks. This is a very popular event and attended by many residents.

**CHATS Activities** have begun with the reintroduction of the exercise programs. The activity director is looking to add some other programs in the next several months such as crafts in a group setting.

**York Region Programs** – York Region began offering Art Therapy and Seniors Yoga Classes in November which will run to January. The first Art Therapy class included making tissue paper flowers. The participants were pleased with their handiwork and enjoyed the session.









**Roof Construction** - Roof work at the Terrace including over the Bocce Courts, will begin in December and is expected to be finished before the end of the year. Please be careful when in the vicinity of the Terrace while this work is going on.

**Upcoming Events** – The Club D'Amcizia will be holding their annual Christmas dinner in December. A Christmas Luncheon hosted by the Board of Directors is planned for December 15.



#### Villa Leonardo Gambin



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#### **Administrator**

Sonia Roul

#### **Address**

40 Friuli Court Woodbridge, ON L4L 9T3 Tel: (905) 856-3939

www.villagambin.com

## A MESSAGE FROM OUR CHAIR



Dear Friends,

With all the challenges facing the world today, it's easy to be consumed by worry and fear. But this time of year offers us an opportunity for a renewed sense of hope... hope for peace, health and happiness... IF we are prepared to work for it. Real change for the better requires good people actively making a difference out there. And if we can all make our mark for the good of society in our own small way, our collective impact can make a real difference in the lives of those less fortunate.

We are blessed to be part of a community that espouses the values of charity and selfless giving, and it is in no small part thanks to this community that VLG can offer our residents a place to call home that is constantly improving.

In November, we celebrated the long overdue openings of the 3<sup>rd</sup> and 5<sup>th</sup> floor Activity Rooms. Thank you to the Famèe Furlane Golf Classic Committee who donated to the renovation of the 3<sup>rd</sup> Floor activity room in memory of a dear friend of VLG, Vince Papa. Thank you also to Randy Goodman and Fabio Berlingieri from GeriatRx who donated toward the renovations of the 5<sup>th</sup> floor Activity Room. These rooms are the social centers of each of our home areas, offering our residents a "living room" for activities, relaxation, celebrations, and social gatherings alike. What a beautiful gift for our deserving residents!

We would also like to express our profound gratitude to the Famèe Furlane membership who generously donated over \$10,000 toward the Better Beds Campaign through the bond redemption program! We are so grateful for your continued support of our work and will be placing two personalized bed plaques on the new beds commemorating the generosity of the Famee membership.

The 2<sup>nd</sup> Annual Light the Night Celebration is being held on December 12<sup>th</sup> to kick off our Annual Holiday Campaign. This year, anyone who donates \$300 or more will receive an angel wings ornament engraved with a name of their choice that will decorate the home over the holidays. All donations can be made online at villagambin.com or call 905-856-7619. The Ralph and Rose Chiodo Family Foundation is also matching any donations that come in up to a maximum of \$15,000. Thank you so much to Ralph and Rose Chiodo for their continued generosity to our charity.

Lastly, we'd like to thank everyone who came out and supported us at this year's Oak Leaf Gala, held on October 20<sup>th</sup> in person for the first time in 3 years. We were thrilled to celebrate with all our guests, especially our staff and residents who were able to attend and celebrate Paris - Joie de Vivre! Thanks to the incredible generosity of our sponsors, donors and guests, the event raised over \$100,000 for much needed improvements and programming at VLG! Your dedication to our charity and the people who live and work at VLG is making a profound difference in their lives, so from the bottom of our hearts, we thank you.

Wishing you and your families peace, love and joy this holiday season and always,

A. 2

Andrew Iacobelli

#### **Gratitude Overload!**

Many incredible members of the Famèe Furlane Toronto Community chose to donate instead of redeeming their certificate or bond monies owed to them to support the Villa Leonardo Gambin Better Beds Fundraising Campaign. The members donated a total of \$10,150 which helps Villa Leonardo Gambin come closer to purchasing the remaining 14 beds needed. Your selfless choice speaks volumes about the strong bond we continue to share. Thank you for your kindness!



#### Thank you, Famèe Furlane Golf Classic & GeriatRx Pharmacy!

On November 6<sup>th</sup>, VLG celebrated the long-awaited opening celebration of the 3<sup>rd</sup> Floor and 5<sup>th</sup> Floor Activity Rooms whose renovations were generously donated by The Famèe Furlane Toronto Golf Classic Committee - Italo Di Bonaventura, Oretta Avoledo, Camilo Di



Bonaventura, Giovanna De Rosa, Mara Mian, Alida Re and Mara Querin and GeriatRx Pharmacy – Randy Goodman and Fabio Berlingieri.



The Activity Rooms are the heart of each floor and mean so much to every resident. It is a space where the team hosts many recreation activities, residents spend time with each other and enjoy many celebrations.





Without the generosity of The Famèe Furlane Toronto Golf Classic and GeriatRx Pharmacy, the Activity Rooms would not look like they do today. We thank you all from the bottom of our hearts for making our residence a more comfortable and joyful place for those who call Villa Leonardo Gambin home.

#### Joie de vivre, C'est Paris!

On October 20<sup>th</sup>, the Montecassino Event Centre was aglow with the spirit of giving as approximately 250 attendees gathered for a night of elegance and philanthropy at the annual Oak Leaf Gala. The event, organized in support of Villa Leonardo Gambin Long Term Care, was a glamorous Parisian themed event emceed by the fashion industry's own sister duo of Rita and Gabriella Tesolin. The event brought people together for a memorable evening which managed to raise an impressive sum of just over \$100,000.

We at Villa Leonardo Gambin express our heartfelt gratitude to everyone who attended and contributed generously, emphasizing that the success of the gala would not have been possible without the support of the community. Each attendee played a crucial role in making a positive impact on Villa Leonardo Gambin's mission.

Looking ahead, we are thrilled to announce the next year's gala will mark the 20<sup>th</sup> anniversary of both the event itself and Villa Leonardo Gambin. It's a double celebration, and we extend an invitation to all to join us in commemorating these significant milestones.

As we reflect on the past two decades of making a difference, we express optimism that the community will rally once more to ensure the Oak Leaf Gala's continued success in supporting our work.

Lastly, the Oak Leaf Gala stands as a testament to the power of collective goodwill and the positive change that can be achieved when a community comes together for a common purpose.

#### Villa Leonardo Gambin



We look forward to seeing you all at the 20<sup>th</sup> Anniversary Oak Leaf Gala in 2024!

#### **VLG Residence Update**

It's incredible that an entire year has gone by already, and we are preparing to celebrate the Holiday Season with our families and friends. We have had an amazing fall season at Villa Leonardo Gambin and the residents have participated in many wonderful activities. We are looking forward to celebrating the wonderful upcoming winter season. With that said, on behalf of all of us at Villa Leonardo Gambin we would like to wish all our residents and their families a joyous Holiday Season full of love and peace.

Visit From St Norbert's School.







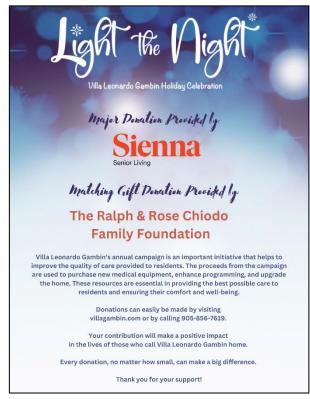
Celebrating our Monthly Birthdays with one of our residents Albina Favret who celebrated her 100th birthday.













Residents enjoying roasted chestnuts in the café.











Residents enjoy Halloween celebrations and treats.















#### Nadâl Iar e Vue'

Nadâl Nadâl... setu già tornât? une volte ti spetavin cun tant amôr par celebrâ le nascite dal nestri Signôr.

Ti spetavin Bon Nadâl par lâ a messe a miegegnot par fâ el brût cu le gjaline, une soppe cul formadi e une tace di cantine.

"O bambino mio divino io ti vedo qui a tremar"... vuè no tremin nì di frêt e nì di fan spietin duç un biel regâl sot el arbul di Nadâl.

Gingo bel...pai butighîrs Gingo bel...pai pasticîrs duç e gjoldin le bondanse par iemplasi ben le panse.

E se torne le miserie tornarin di gnûf in glesie par finî che biele cjante "O Dio beato, ma quanto ti costò l'avermi amato".

Guerrino Floreani



#### **CALENDAR OF EVENTS**

| Every Wednesday                                      | Gruppo Eta D'Oro - Bingo and Cards                |  |
|--|---|--|
| Friday, January 5, 2024                              | Festa Della Befana - Canada Room                  |  |
| Wednesday, January 10, 2024                          | FFWA Meeting - 7:00 pm                            |  |
| Tuesday, January 30, 2024                            | FFT General Members Meeting - 7:30 pm             |  |
| Wednesday, February 7 to<br>Sunday, February 9, 2024 | Dolomite Ski Trip to Mt. Tremblat - SOLD OUT!     |  |
| Wednesday, February 14, 2024                         | FFWA Meeting & Carnevale - 7:00 pm                |  |
| Thursday, February 15, 2024                          | "Future of the Famee" Town Hall Meeting - 7:00 pm |  |
| Tuesday, February 27, 2024                           | FFT General Members Meeting - 7:30 pm             |  |
| Sunday, March 3, 2024                                | FFWA International Women's Day Celebration        |  |
| Thursday, March 21, 2024                             | "Future of the Famee" Town Hall Meeting - 7:00 pm |  |
| Tuesday, March 26, 2024                              | FFT General Members Meeting - 7:30 pm             |  |



#### **FAMEE FURLANE TORONTO**

7065 Islington Ave Woodbridge, ON, L4L 1V9
T: 905.851.1166 reception@fameefurlane.com

